



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fundamentals BJJ Gi 10:00Am Vagner Rocha	Thai Boxing 10:00Am Alex Gonzalez	Fundamentals BJJ Gi 10:00Am Vagner Rocha	Thai Boxing 10:00Am Alex Gonzalez	Fundamentals BJJ Gi 10:00Am Vagner Rocha		
					Thai Boxing 11:30Am Alex Gonzalez	
					Fundamentals No Gi 1:00Pm Vagner Rocha	Fundamentals BJJ Gi 1:00Pm
					Mixed Levels Open Mat BJJ No Gi 2:00Pm	
Junior Champions 5:00Pm 8 and Up	Little Junior Champions 5:00Pm 5-7	Junior Champions 5:00Pm 8 and Up	Little Junior Champions 5:00Pm 5-7	Open Champions 5:00Pm All Ages		
	Thai Boxing 5:45Pm Alex Gonzalez		Thai Boxing 5:45Pm Alex Gonzalez			
Fundamentals BJJ Gi 6:00 Pm Vagner Rocha		Fundamentals BJJ Gi 6:00 Pm Vagner Rocha		Mixed Levels Open Mat BJJ Gi 6:00Pm Vagner Rocha		
	Fundamentals BJJ Gi 6:45Pm Vagner Rocha		Fundamentals BJJ Gi 6:45Pm Vagner Rocha			
Advanced BJJ Gi 7:30Pm Vagner Rocha		Advanced BJJ Gi 7:30Pm Vagner Rocha		Mixed Martial Arts 7:00Pm Vagner Rocha		
	Advanced BJJ No Gi 7:45Pm Vagner Rocha		Advanced BJJ No Gi 7:45Pm Vagner Rocha			
Thai Boxing 9:00Pm Alex Gonzalez	Fundamentals BJJ Gi 9:00Pm Vagner Rocha	Thai Boxing 9:00Pm Alex Gonzalez	Fundamentals BJJ Gi 9:00Pm Vagner Rocha			

OPEN 7 DAYS A WEEK